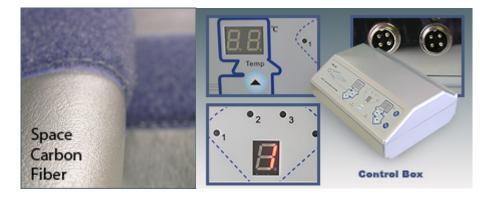


# INFRARED SAUNA WRAP – 3 ZONES PH-2BIII

### 3-ZONE LOW VOLTAGE FULL-ENCLOSURE INFRARED SAUNA WRAP, FOR PROFESSIONAL OR HOME SAUNA USE

Produces Dry Heat, Featuring 3 Heating Zones (independently controlled heating areas).





Read this manual carefully for assembly, operating instructions and safety warnings before using this Infrared Sauna Wrap. Be sure to keep the manual for future reference.	
EXPLANATION OF SYMBOLS:	-
Attention, consult Accompanying Document(s)	
Prohibited uses	×
Important notices	
Answers to questions	
Maintenance instructions	
Туре А	
Class II equipment	¥

- Do not scrape or abrade the surfaces of the Sauna Wrap.
- Do not use the device if the surface of the blanket is damaged.
- Do not use the device in water or in a humid environment.
- Keep the device away from children.
- Keep the device away from electric stoves, heaters or other heat sources.
- This product is not a medical device. It is not intended to diagnose, treat, cure or prevent disease in any way. If you are uncertain if you can tolerate the Infrared Sauna Wrap, please consult your physician first.

## HEALTH WARNINGS

- Intensive heating of the lower back may result in increased menstrual discharge in women.
- Anyone under medical care should consult a physician before using the Sauna Wrap.
- Stop using the Sauna Wrap immediately if you feel uncomfortable, dizzy or sleepy, and consult a physician promptly.
- Do not stay too long in the Sauna Wrap.
- Do not smoke, drink alcohol or take any medicine when using the device.
- Do not use the device immediately after strenuous activity. Wait at least 30 minutes for the body to cool down.
- Wait 1 hour after eating before using the Sauna Wrap. It is best to use it on an empty stomach. You may feel discomfort if using after a heavy meal.
- Do drink plenty of lukewarm water before and after using.



# PEOPLE WITH THESE HEALTH CONDITIONS MUST NOT USE THE SAUNA WRAP:

- Any type of respiratory disease; serious high or low blood pressure; any skin disease or disorder; any heart disease.
- Pregnancy.
- After consuming, or during consumption of alcohol.
- People, with other serious diseases, instructed by doctors not to use this device or people with any diseases that may be exacerbated by the functioning of the device.
- Haemophiliacs or others with a tendency to bleed should avoid using this device due to expansion and contraction of blood vessels.

# DANGER

The following should only use the Sauna Wrap with physician's consent:

- People with pacemakers and other internal electronic medical devices.
- People undergoing treatment by high-frequency surgical equipment, or with electrocardiogram recorders and other externally attached electronic medical devices.

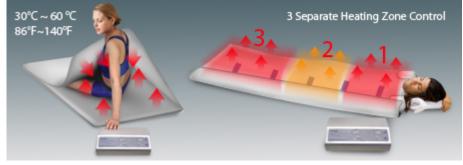
#### PEOPLE REQUIRING SPECIAL SUPERVISION:

• Disabled persons, elderly and frail persons, children and persons with a mental illness must get a physician's consent and use only under adult supervision.

### SYSTEM COMPONENTS AND FUNCTIONS:



- The PH-2BIII Infrared Sauna Wrap includes 1) a thermal blanket (wrap) plus 3 connection leads for the 3 Heating Zones (attached to blanket), 2) a control box, 3) a main power cord. The control box retains a memory of the last settings used.
- Control Box: adjusts and controls the temperature and timer settings of the blanket.
- Thermal Blanket Wrap: produces and conducts heating to the body. Made of Nylon, with Space Carbon Fiber heating elements, covered by a layer of PU (polyurethane) fabric
- Main Power Cord: supplies main power to the control box.
- Connection Leads (3): numbered 1, 2, and 3, and mounted at the lower end of the blanket wrap, connect the thermal blanket to the control box.



#### Panel Display and Functions of the Controls

ON/OFF button	Switches the system 'ON' or 'OFF'.
Channel (Heating Zone) Button	Selects the respective Heating Zones (1-2-3). One or more zones can be targeted in a sauna session.
Heating Zone Operating Indicators (green)	Indicator lights shine when heating zone(s) are operating.
Temp (Temperature) Button ( $\Delta \nabla$ )	Press $\Delta$ to increase or press $\nabla$ to decrease the temperature, 1 °C for each press.
Timer Button ( $\Delta \nabla$ )	Press $\Delta$ to increase or press $\nabla$ to decrease the time, 5 minutes for each press.
Overload Indicator	Overload indicator light shines should the power surpass 330W, and the alarm buzzer will sound.
Power Indicator (red)	Indicator light shines when power is being supplied to the device.
Start/Stop Button	Press <b>Start/Stop</b> button to start or stop the device after setting heating zone temperature and timer.

### **OPERATION OF THE SAUNA WRAP**

Important: Always plug in the main power cord and insert the connection leads into the outlets on the rear of the control box before turning on main power switch!

Be careful not to bring the blanket into contact with sharp objects to avoid damage during handling.

#### **OPERATING PROCEDURE (Instructions)**

- 1. Place the Infrared Sauna Wrap on a flat surface, such as a bed or floor.
- 2. Put the control box on a flat surface such as a table and insert the plug into an electrical source. The fan inside the control box can be heard running, but the heating zones are not operating.
- 3. Connect the 3 connection leads between the thermal blanket and the control box. Make sure that lead 1 is connected to jack 1, lead 2 to jack 2, etc., or the thermal blanket will not work. Lead 1 corresponds to section 1, upper limbs and breast, and should be inserted into Jack 1. Lead 2 corresponds to section 2, mid body, and should be inserted into Jack 2. Lead 3 corresponds to section 3, lower body and limbs, and should be inserted into Jack 3. NOTE: plug from lead can only be inserted into the jack when the concave slot in the lead and metal guide/protruding poles in the jack are aligned correctly.
- 4. Wrap your body in the blanket. If a massage or body oil is used, and for use in a public spa, it is recommended to first wrap the body in a plastic film or sheet to protect the thermal blanket. Without oil, for home use, it is sufficient to wear underwear.
- 5. Turn on the main power switch at the back of the control box. The 'Power' indicator (red) on the control panel will light. The device has not started to heat yet.
- 6. Press the 'ON/OFF' button to begin setting the temperature and the timer. The Heating Zone indicator shows '1' (body zone 1). The temperature and time settings from the previous session will be displayed.
- 7. Press 'Timer' to set the working time. For each press of the button, the time will increase or decrease by 5 minutes.
- Press 'Temperature' to set the working temperature. For each press of the button, the temperature will increase or decrease by 1° Centigrade. Set the temperature to your specific requirements.

Zone 1: Upper body and limbs (suggested temperature 38° C)

Zone 2: Mid body (suggested temperature 44° C)

Zone 3: Lower body and limbs (suggested temperature 42° C)

- 9. Press 'Start/Stop' button. The green indicator will light, showing that heating has begun.
- 10. Then press 'Channel' (Heating Zone) button to change the zones. Repeat steps 7, 8, and 9 to set and start body zones 2 and 3. When the green indicator for a zone lights, the heating for that zone has begun.
- 11. The Overload indicator light shines should the power surpass 330W, and the alarm buzzer will sound.
- 12. When the heating timer counts down to '0', the buzzer will sound three times while the LED shows the relevant Heating Zone number, and the digital timer will display '0' showing that heating has discontinued.
- 13. After using, unplug from the main electrical source.
- 14. If at any time you need to stop the session, just press the 'Start/Stop' button. When the green indicator lights go off, the system has stopped working.
- 15. Wipe the sweat from the surface of the thermal blanket with a wet towel and dry it by laying it flat on a bed or table for more than 1 hour.
- 16. Fold the blanket and store it in a cool, dry place.
- 17. For professional use at a spa, weight loss center or beauty salon, wipe surface of the thermal blanket as above, and leave an interval between customer sessions of at least 1/2 hour, preferably 1 hour.



#### SUGGESTED USE:

When the room temperature is lower than 20° C, you may preheat the blanket for 10 minutes prior to use.

It is suggested that you be well hydrated, by drinking a glass of water prior to using.



#### CLEANING, MAINTENANCE AND STORAGE

- After using or before cleaning the device, switch off the device and pull the plug from the electrical source.
- 2. Protect the blanket from touching sharp objects to avoid cutting or lacerating the surface of the blanket.
- 3. Wipe the control box or the area around the power switch with a dry towel. Do not use a wet towel to clean the control box.
- 4. Wipe the surface of the thermal blanket with a damp cloth after use. A cotton cloth dipped in alcohol will keep the thermal blanket sanitary.
- The device is designed for use as described in this manual and no special maintenance is 5. required.
- Clean the Sauna Wrap thoroughly in order to keep it hygienic and durable. 6.
- Store the device and its accessories in a cool, dry and fire-proof environment. 7.
- Do not store the device near fire or in a hot place (including sunshine) for lengthy periods. 8.
- Consult with local sanitation and recycling authorities about proper disposal of sauna 9. equipment and accessories at the end of their useful lives.

# SAFETY AND HEALTH WARNINGS (Please Read Carefully)

If a short circuit occurs in any heating zone, that zone will stop operating.

If the Sauna Wrap operates for short periods when no human body is inside it, the temperature will surpass the set temperature by a small amount. This minor difference is normal, but do not allow the Sauna Wrap to operate for long without a user.

# DANGER

- Do not plug in or operate when the Sauna Wrap is folded.
- Unplug the power cord after each use.
- Do not use the device in or around water, to avoid danger of electrical shock. Do not pull out the plug with wet hands or when feet are bare.
- Do not use the Sauna Wrap during thunderstorms. •
- Keep the electrical power cord away from heating sources.
- Never operate the device if the power cord or plug has been damaged.
- Do not pull out the power cord during operation. •
- Do not hit or drop the control box.
- Do not take any other electrical appliances into the Sauna Wrap while in use. .
- May cause some electromagnetic interference with other devices. Do not use sensitive electronic devices, such as medical devices, in close proximity with this device.
- Do not dismantle, repair or reconstruct the device. Any repairs must be performed by the ٠ manufacturer or an authorized dealer or repair person.
- Do not use any chemical solvent to clean the device. It is recommended to allow the sauna • to dry in the air before storage.



### FUNCTIONS & FEATURES:

The Infrared Sauna Wrap PH-2BIII is a full-enclosure sauna wrap which provides a complete sauna experience similar to the conventional sauna. However, the Infrared Sauna Wrap is portable and easy to clean, allowing for greater flexibility when traveling, and can provide the comfort of home while on the road. The dry heat from the blanket allows for gentle radiant relaxation of the muscles and controlled perspiration.

The Infrared Sauna Wrap PH-2BIII is a low-voltage FIR (Far Infrared Radiation) device, with 3 separately controlled heating zones, suitable for professional use at a spa, weight loss center or beauty salon. Sturdy and made for frequent operation.



#### **TECHNICAL SPECIFICATIONS:**

Model Number	PH-2BIII
Input Volts	AC 110V, 60Hz / 220V, 50Hz
Output Volts	DC 36V or less (low voltage)
Power Requirements	330W (maximum)
Temperature Settings	30°C ~ 60°C / 86°F ~ 140°F
Time Settings	5-95 minutes
Materials	Nylon, covered by a layer of PU (polyurethane) fabric, with heating elements of Space Carbon Fiber
Heating Zones (Separately Controlled)	3, digitally controlled
Dimensions of Sauna Blanket	187 x 92 cm / 72" x36 1/4"
Net Weight	8.3 kg
Warranty Period	1 year

The supplier will make available upon request circuit diagrams, component part lists, descriptions, calibration instructions, or other information which will assist an appropriately qualified technician to repair those parts of the device that the manufacturer designates as repairable.